

Faithfully Focused

A Quarterly Publication



Spring 2025
Issue 24


Resthaven
faithfully caring.



We are not just a senior living provider; we are a hub where individuals, families, and professionals come together, strengthening bonds and fostering relationships that enrich lives.

Creating Community and Connection

Over the past several years, I have often spoken about Resthaven’s core values: Hold the Door, Know My Name, and Walk with Me. These guiding principles shape the way we serve, ensuring that every person who walks through our doors feels valued, respected, and supported. They guide our interactions not just with residents, but also with their families, our community partners, and our dedicated team members.

This year, I want to highlight our commitment to Creating Community and Connection, a vision that is essential to our mission and extends across every aspect of what we do at Resthaven.

Community and connection are vital. From a clinical perspective, strong social ties have been proven to enhance overall health and well-being, particularly among older adults. A sense of belonging and meaningful engagement leads to better mental and physical health outcomes, reducing loneliness and improving quality of life.

Beyond clinical relevance, our commitment to Creating Community and Connection means Resthaven is also a resource for the wider community. We are not just a senior living provider; we are a hub where individuals, families, and professionals come together, strengthening bonds and fostering relationships that enrich lives.

This vision extends to our team members as well, who are at the heart of our mission. When our team members feel connected—to one another, to residents, and to the broader community—their work becomes more fulfilling, and the care they provide becomes even more impactful.

This newsletter highlights some of the many ways Creating Community and Connection comes to life at Resthaven, and, through these efforts, we are building bridges—between generations, professions, and communities. At the heart of it all is the deep belief that we are better together.

We are so grateful that you are part of our Resthaven community, and we are honored that you have allowed us to be a part of yours. Over the coming year, we will be highlighting the ways Creating Community and Connection is shaping our work and the incredible impact it is having.

Thank you for walking this journey with us. We look forward to continuing to grow, learn, and connect—together.

Deedre Schuckert
President/CEO



BOARD OF TRUSTEES

Resthaven’s Board of Trustees is a dedicated group of community volunteers who share their expertise in a variety of areas.

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Our Mission

To glorify God by providing a continuum of quality care and services that demonstrates the love and compassion of Jesus Christ.

Cover photo:
Resthaven resident with
ODC Network’s Seedlings
Discovery Preschooler

Purposeful Exchanges Boost Learning and Build Intergenerational Bridges

At Resthaven, we believe that collaboration with educational institutions strengthens our community, fosters respect for older adults, and inspires future professionals to serve aging populations. By engaging with students of all ages, we provide meaningful learning experiences while enriching the lives of our residents and strengthening our organization. Through these partnerships, we are building bridges between generations and creating opportunities for mutual learning and growth.

Hope College Center for Leadership

A team of Hope College students is researching how technology, automation, and artificial intelligence (AI) can enhance senior care, specifically at Resthaven. The students will conduct field research with other senior living organizations and collaborate with LeadingAge’s technology task force. Their findings will help Resthaven create a strategic roadmap for integrating technology, automation, and AI in a way that benefits both residents and team members. This project includes four students, a leadership coach, and a subject matter expert from DISHER, a local engineering and design firm.

West Ottawa Public Schools Intergenerational Project

Resthaven is working with two 5th-grade classes on a research project about intergenerational programming. In early March, students visited the Care Center to interview residents using survey questions they developed themselves. After gathering insights, they will analyze responses and present a proposal on how Resthaven can strengthen its intergenerational initiatives. This project provides young students with firsthand exposure to senior living while giving residents an opportunity to share their experiences and wisdom.

Hope College Friendship Program

Now in its third year, this program pairs 20-25 Hope College students with independent and assisted living residents. Through weekly visits, students and residents form genuine connections, with no structured assignments—just meaningful conversation and companionship. At the end of the semester, all participants gather for a special celebration of friendship, highlighting the deep impact of intergenerational relationships.

Hope College Global Health Capstone Project

As part of their capstone course, nine Hope College students are matched with residents living with dementia. These students visit their residents for an hour each week, engaging in reminiscing, interactive games on the Tovertafel, and other therapeutic interactions. This experience helps students develop a deeper understanding of dementia care as part of a larger future initiative of making Holland a dementia-friendly community.

ODC Network’s Seedlings Discovery Preschool

The youngest learners in our community are also forming connections with older adults through our partnership with ODC Network’s Seedlings Discovery Preschool. Preschoolers visit The Warm Friend, where they engage with residents in storytelling and hands-on activities that align with their weekly lessons. These visits spark joy, encourage social interaction, and create heartwarming moments.

Through these partnerships, Resthaven remains committed to fostering relationships that enhance lives, inspire future generations, and create a more compassionate and connected community.



Hope College Friendship Program



Activities with ODC Network’s Seedlings Discovery Preschool



Resthaven Secures Grants to Enhance Workforce Development and Resident Care

Resthaven is committed to providing the highest quality of care for our residents while investing in our team members and ensuring a safe, supportive environment. Thanks to three recent grants, we are making meaningful improvements in both workforce development and infection control.

Strengthening the Direct Care Workforce

Resthaven was awarded a grant from the Michigan Health Endowment Fund to establish an innovative workforce development program that addresses critical workforce shortages in healthcare. Through comprehensive training, mentorship, and resource navigation, participants will be equipped with the tools to succeed in this vital field. Included with this program is a partnership with fellow community non-profit, Latin Americans United for Progress (LAUP). The partnership will leverage LAUP's expertise in workforce development, community outreach, and education alongside Resthaven's long-standing dedication to senior care and workforce excellence. Together, the organizations aim to empower individuals, reduce barriers, promote diversity, and advance the quality of care provided to those we serve.

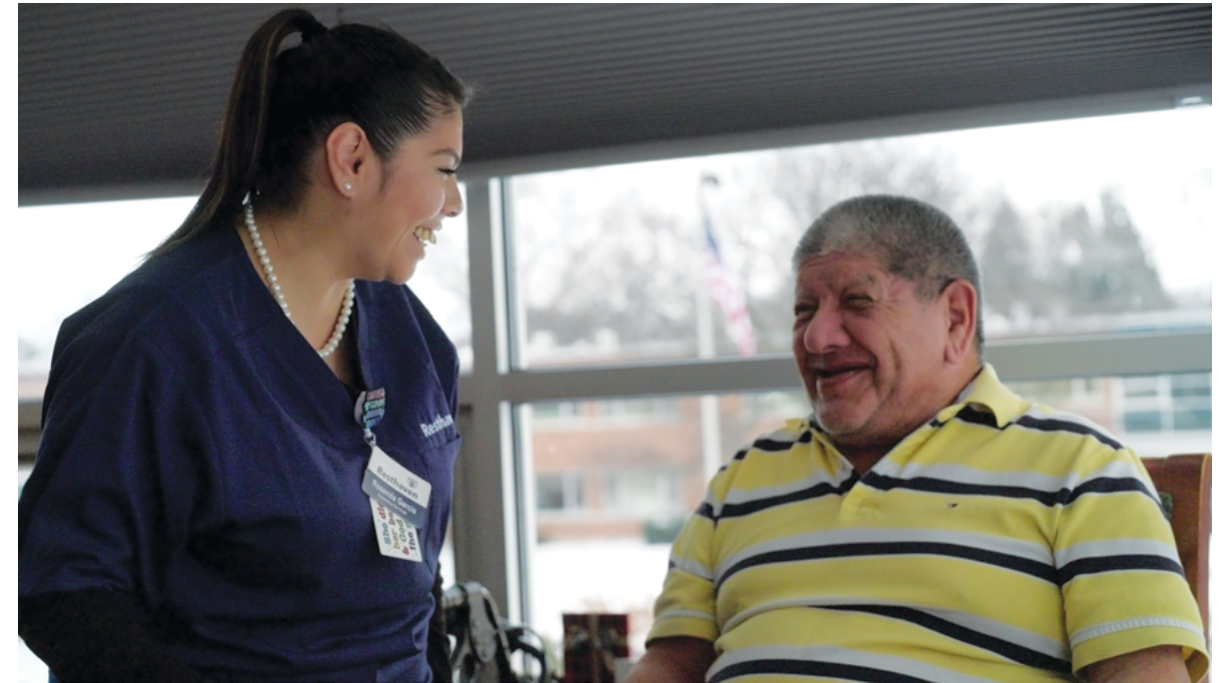
Through Infection Control

Through the Nursing Home Infection Control Grant, awarded by the Michigan Public Health Institute in partnership with the State of Michigan, Resthaven was able to replace aging lift chairs in our rehabilitation cottage. The updated medical-grade chairs improve infection control by reducing cross-contamination risks and allowing for superior cleaning and sanitization. This investment ensures a safer, healthier environment for residents receiving post-acute care at Resthaven's Care Center.

That Matters

Resthaven was honored to participate in the Work That Matters grant program, funded by LeadingAge Michigan to support employee retention, particularly for Certified Nursing Assistants and Resident Assistants in their first 90 days of employment. Resthaven was one of only four Michigan nonprofits selected to participate in this 16-week program. In partnership with LeadingAge Michigan and a consulting firm, a group of seven Resthaven team members explored strategies such as mentorship programs, celebrating employee milestones, elevating interview processes, and best practices for identifying high-potential employees.

These grants reflect Resthaven's ongoing commitment to excellence in senior care—supporting our workforce, increasing safety, and ultimately improving the well-being of those we serve.



Maple Woods Recognized as a Preferred Provider by LifeCircles PACE



Resthaven is proud to announce that Maple Woods has been awarded Preferred Provider status by LifeCircles PACE, recognizing our exceptional commitment to high-quality care and service for older adults with complex health needs.

Program of All-Inclusive Care for the Elderly (PACE) is a nationwide healthcare program that combines medical and social support for qualifying adults 55 years and older. PACE programs have been operating across the nation for nearly 50 years. LifeCircles PACE is West Michigan's leading PACE provider.

The Preferred Provider designation follows an 18-month pilot program, during which Maple Woods worked closely with LifeCircles to trial a new payment model for residents enrolling in the program. The results were overwhelmingly positive, leading to improved participant outcomes and greater access to LifeCircles services. Maple Woods' outstanding performance in quality care, compliance, and resident satisfaction was instrumental in earning this distinction.

To qualify as a Preferred Provider, partners must meet rigorous benchmarks in key performance areas. Maple Woods not only met, but exceeded these standards. We are honored to receive this recognition and remain dedicated to providing the highest standard of care for our community.



"Your commitment to excellence and high-quality service has made a significant impact in the lives of our PACE participants."

Heidi Gras, Executive Director, LifeCircles

Save the Dates

March



Mar. 7 - May 16

100 years of The Warm Friend at The Holland Museum

Free admission between 4:00 PM - 7:00 PM on April 14 and May 12.

April



Apr. - Oct.

Enjoy "Warm Friend Tavern Bier," a commemorative brew by Big Lake Brewing

Apr. 15

The unveiling of the photography exhibit "Up Close Along the Lakeshore"

Tuesday, April 15 at 6:00 PM
Resthaven's Care Center
280 W. 40th St., Holland, MI 49423

Follow the results on social media.



2024's Photography Exhibit



Celebration of Caring 2024

May



May 5 - 7

Join us in Celebrating Resthaven's 80 years of commitment to our community.

- Thursday, May 1 at 2:30 PM
The Warm Friend
5 E. 8th St., Holland, MI 49423
- Monday, May 5 at 2:30 PM
Maple Woods Gathering Place
49 E. 32nd St., Holland, MI 49423
- Tuesday, May 6 at 2:30 PM
Resthaven's Care Center Café
280 W. 40th St., Holland, MI 49423
- Wednesday, May 7 at 2:30 PM
The Farmstead Clubhouse
875 E. 24th St., Holland, MI 49423



May 7

Resthaven's Day of Giving

Follow along on social media.



May 29

Celebration of Caring: Cheers to 80 Years

Thursday, May 29 at 6:00 PM
The Ivy House
3291 Blue Star Hwy., Saugatuck, MI 49453

Reserve your ticket at resthaven.org/celebrationofcaring.

Follow us on social media to stay updated on upcoming events.

ResthavenMI resthavenmi

2025 Marks a Significant Milestone for Resthaven

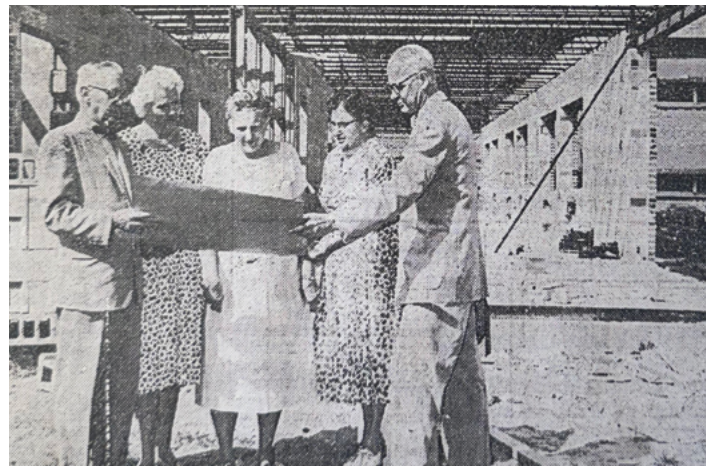
Resthaven is proudly celebrating 80 years of service to our community. Although our current team certainly cannot take credit for all those 80 years, it is our great honor to commemorate the eight decades that Resthaven has been a pillar in our community. We feel incredible pride in being a part of the oldest organization in the Holland community focused on serving aging adults. We have immense gratitude to our neighbors who have stood with us along the way.

I've been spending some time dusting off nearly a century of images, documents, letters, blueprints, memorabilia, and slides. One theme remains true in each item I see: Resthaven was created by the community, for the community.

Generations of support have allowed us to walk alongside aging adults and their families, ensuring that every person we serve feels valued, connected, and cared for. Whether through benevolent care for residents in need, life-enriching experiences that bring joy and purpose, or a team of compassionate staff who see their work as a calling, the impact of your generosity is felt in every corner of our campuses.

As Resthaven continues to evolve and grow in response to the needs of our community, we continue to need you by our side—just as we always have.

Resthaven was created by the community, for the community.



Addition of the West Wing to Resthaven's Maple Woods – 1960

Keep the Momentum Going

As a not-for-profit, we are dedicated to ensuring quality of life for all residents. Consider a donation today to join our mission of providing a true home and a vibrant life for those in our care.



Residents at Maple Woods – c. 2005



Lindsey Zona
Director of Development

Connect with Lindsey
lindsey.zona@resthaven.org
616-796-3512

 ResthavenMI

 resthavenmi



\$2,500
per team member for CNA certification and training.

Your assistance supports ongoing education, skill enhancement, and recognition programs to deliver compassionate and top-quality care.



\$3,500
per month for one resident's benevolent care.*

Your gift supports care to residents even when longevity or level of care exceeds financial capabilities.



\$3,000
per month for life enrichment bus trips, music guests, etc.

Your donation helps us provide enriching activities, events, and trips that focus on bringing joy to our residents' days.



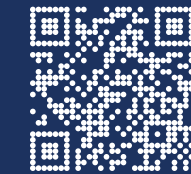
\$2,500
per month for chapel services.

With your generous contribution, we're able to honor our mission, supporting residents and their families in their faith and through life's transitions.

Ways to Give

Donate Online:
resthaven.org/help-us-serve

Donate by Venmo:
@resthaven-mi



Donate Stock:
Learn more at
resthaven.org/help-us-serve

Donate by check:
Please send checks made out to "Resthaven" to:

Resthaven
948 Washington Avenue
Holland, MI 49423

Have you graciously included Resthaven as a beneficiary in your estate or trust? Let us know so we can welcome you to our Legacy Club!

To learn more about ways to give, contact Lindsey Zona at lindsey.zona@resthaven.org or 616-796-3512.

Resthaven
948 Washington Avenue
Holland, MI 49423

Always ready for what's next.

No one knows what the future holds, but it pays to be prepared for whatever comes next. Resthaven has your needs in mind—for the active, independent lifestyle you're living today to the care needs you may have tomorrow. We're here for you from beginning to next.



616.796.3500 | resthaven.org

